



**Dear Surgeon,**

**As part of the highest level of care that I seek, I am providing you with a letter of referral so that you can provide me with a pre- and post-operative consultation with the Cosmetic Surgery Counselling Services also known as The Beautiful Conversation. This service can be supplemented with [cosmeticsupport.com](http://cosmeticsupport.com) who offer online support services as well as The Surgery Buddy Scheme which I wish to participate in.**

**Your clinic aims to promote a holistic, healthy mind in a healthy body approach to cosmetic surgery. By providing this valuable additional service to me, I hope you will benefit too by finding me a well-informed patient with realistic expectations.**

**We can both benefit from this independent service.**

**Yours faithfully,**